

Osteoporosis Canada

Ostéoporose Canada

August 2010

# SAC Link

Osteoporosis Canada's Scientific Advisory Council

## Summer Edition

### STAFF SUPPORT TO SAC

Dr. Famida Jiwa  
Vice President  
Operations

Dr. Farah Samji  
Senior Manager  
Clinical & Scientific Programs

Lorilain Gamalinda  
Coordinator  
Clinical Programs

### The Launch of the New 2010 Osteoporosis Clinical Guidelines

A Knowledge Translation (KT) working group, comprised of members of the guidelines committee and some of OC staff are happy to share the following KT events which have been planned to date:

1. Thursday October 14, 2010 Drs. Bill Leslie and Sid Feldman will be presenting the new guidelines at Family Medicine Forum from 1:40pm to 2:10 pm at the Vancouver Convention & Exhibition Centre.
2. Friday October 15, 2010 Drs. Alexandra Papaioannou and Angela Cheung will be presenting the guidelines at an Ancillary Breakfast Symposium prior to ASBMR in conjunction with a press release. This event will take place at the Fairmont Royal York Hotel from 7:00 to 8:45am and it is open to all registered and non registered members of ASBMR. A hot breakfast will be served. We hope to see many of you there and please encourage those non members of ASBMR to attend. Please RSVP to Farah Samji at [fsamji@osteoporosis.ca](mailto:fsamji@osteoporosis.ca). or to Donna Spafford at [spafford.d@rogers.com](mailto:spafford.d@rogers.com)
3. We welcome and encourage those of you who may be interested in scheduling educational sessions, rounds, and or meetings in your region to support the dissemination of the guidelines. OC will be

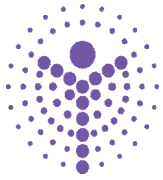
developing the appropriate tools such as slide kits to facilitate these events. These tools will be available on the OC website in the fall. Please contact Farah Samji at [fsamji@osteoporosis.ca](mailto:fsamji@osteoporosis.ca) if you are interested in planning a local event in your region or if you require further assistance or support with any initiatives.

Stay tuned to your inbox for more updates.

### Canadian FRAX Tool

In March 2008 the World Health Organization (WHO) released FRAX<sup>®</sup>, a system for determining absolute fracture risk. It integrates the risks associated with age, sex, several clinical risk factors as well as bone mineral density (BMD) at the femoral neck. The output is a 10-year probability of hip fracture and 10-year probability of a major osteoporotic fracture (clinical spine, forearm, hip or shoulder fracture).

Since 2008, over 20 countries have had their FRAX tools added to the website (<http://www.shef.ac.uk/FRAX/>). FRAX uses country-specific fracture data to calibrate the tool to the specific population being assessed. Be aware that changing the country can produce large differences in the fracture probabilities generated by FRAX despite using the same inputs.



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Osteoporosis Canada has been working closely with other stakeholders, including the Public Health Agency of Canada (PHAC), to obtain the data required to calibrate and validate a Canadian FRAX model.

The Canadian FRAX tool is now available on the FRAX website (<http://www.shef.ac.uk/FRAX/>) and as an iPhone application. The 2010 Osteoporosis Canada Best Practices Guidelines, scheduled for release in the upcoming fall, will explain how FRAX should be used in making decisions about osteoporosis treatment. Until that time, the Canadian FRAX tool may be of interest to practitioners as a risk assessment and educational tool.

Congratulations and gratitude is in order for all those that have dedicated their efforts and time in developing the Canadian FRAX<sup>®</sup> tool.

William D. Leslie, SAC Chair,  
Osteoporosis Canada

Alexandra Papaioannou, SAC Past-Chair,  
Osteoporosis Canada

Suzanne Morin, Guidelines Committee Chair,  
Osteoporosis Canada

The 2010 selection process for new members to the SAC was very difficult as we had received a large volume of highly qualified nominees. Selection criteria were based on regional representation across Canada with complementary expertise in disciplines not currently filled on the SAC. In particular, this year the priority was to increase family physician involvement on the SAC. We are very pleased to announce the new SAC consultants and new SAC committee members;

**Executive Committee:**

Dr. Earl Bogoch, Dr. Sid Feldman and  
Dr. Sumit Majumdar

**Research Committee:**

Dr. Susan Jaglal and Dr. Debra Butt

**Guidelines Committee:**

(effective as of October 15,2010):

Dr. Heather Frame, Dr. David Lyons,  
Dr. Sumit Majumdar and Dr. Lynn Nash

**Nominating Committee:**

Dr. Alexandra Papaioannou

**Rapid Response Committee:**

Dr. Aliya Khan (Chair) and Dr. Roger Sutton

**COPN:** Dr. Irene Polidoulis

**SAC Consultant:** Dr. Rowena Ridout

OC would like to welcome all new members to SAC and thank you all for donating your time and expertise to OC.

## SAC Nominations

Thank you for your overwhelming response to OC's call for SAC Nominations. As many SAC members were at the end of their term, we are grateful for the high volume of nominations received. OC would like to sincerely thank all departing committee members for their generous time, expertise, dedication and support to both the SAC and to OC.

“A little knowledge that acts is  
worth infinitely more than  
much knowledge that is idle.”

-Kahlil Gibran