

 **OSTEOPOROSIS**

SAC LINK

Osteoporosis Canada's Scientific Advisory Council

In This Issue

- OC Clinical Practice Guideline
- SAC Survey
- OC Research Program
- 2023 Tim Murray Travel Award Winner
- SAC Nominations 2023
- SAC Committee Volunteers
- Annual COI Form
- Volunteers Needed for Webinars and Podcasts
- 2023 Lindy Fraser Memorial Award
- Osteoporosis International Article
- FLS Update
- SAC Consultants and the Media

OC Clinical Practice Guideline

We are pleased to announce the 2023 Osteoporosis Canada Clinical Practice Guideline has been accepted by CMAJ and publication is expected in the fall. Further details to follow.

SAC Survey

Thank you for serving on Osteoporosis Canada's Scientific Advisory Council. We are grateful for everyone's participation and commitment to Osteoporosis Canada, and we are interested in your input about how to move forward with respect to expectations for SAC members.

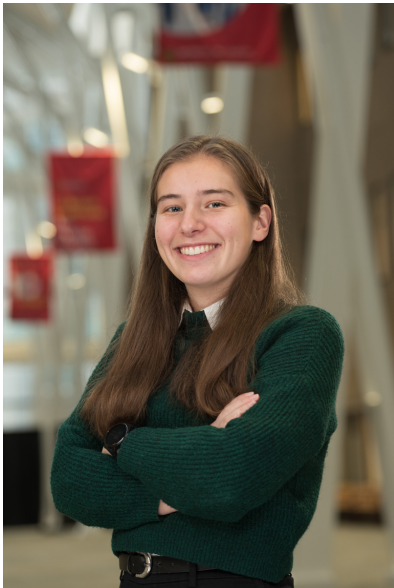
Please take the following short survey to help us shape the future of the SAC. We will report the results in a future edition of the SAC Link.

[TAKE SURVEY](#)

OC Research Program

The Osteoporosis Canada Tim Murray Short-Term Training Award (maximum \$1500) provides successful individuals with the opportunity to learn more about osteoporosis, to advance their research skills in osteoporosis and/or to present their research at a scientific meeting. The award is open to undergraduate, graduate and postgraduate trainees as well as junior faculty members (where junior is defined as less than 5 years in their first academic appointment). The award aims to build on Dr. Timothy Murray's impressive legacy of teaching, research and patient care by recognizing, supporting and encouraging future leaders in bone health. The application process will be administered by Osteoporosis Canada's Research Committee. There will be a fall invitation for applications.

2023 Tim Murray Travel Award Winner



Annabel Bugbird

Annabel Bugbird is a PhD Candidate in the Biomedical Engineering Graduate Program at the University of Calgary. Her research is focused on developing tools that will allow clinicians to predict fracture risk based on raw image data captured at peripheral sites using high-resolution peripheral quantitative computed tomography (HR-pQCT). Current fracture prediction methods that use inputs from medical imaging require some form of analysis of the images, which can be time-consuming and error prone. Her research aims to remove this analysis step and predict fracture risk based on unprocessed image data. Under the supervision of Dr. Steven Boyd, Annie has the unique opportunity to work with a

wealth of prospective data from a large normative population to develop clinically relevant research tools. She will present this research at an international conference in musculoskeletal research (QMSKI 2024), a bi-annual meeting focused on musculoskeletal imaging, which gathers leading experts in the field of MSK research, further providing the opportunity to network and discuss research with specialists in the field of MSK and Osteoporosis.



“I am very grateful to be awarded the Tim Murray Short-Term Training Award. This grant will provide me with the opportunity to attend and present my research at QMSKI 2024, as well as network with key individuals in the field of Osteoporosis.”

Annabel Bugbird



Laurel Walfish

My name is Laurel Walfish, I graduated from McGill Medical School in 2021 and I am now a third-year core internal medicine resident at McGill University. I have a strong interest in bone disorders which led me to my current research project. Under the supervision of Dr. Suzanne Morin, my research focuses on further understanding the relationship of advanced

glycation end-products (AGEs) with bone and muscle health. Specifically, for this project we focused on individuals with obesity and type 2 diabetes mellitus as both of these conditions are associated with poor muscle and bone health. I applied for the Tim Murray Training Award to attend this year's American Society for Bone and Mineral Research (ASBMR) conference in Vancouver. I am excited to attend the ASBMR annual meeting because it will provide me with the opportunity to share my research with others who are passionate about bone health. Furthermore, I look forward to expanding my knowledge and building connections in the field of bone while attending the conference. It is an honor to receive the Tim Murray Training Award to attend this important event and I am grateful to OC for this award.

SAC Nominations 2023

The SAC is **seeking nominations** for new SAC consultants. We welcome all applications for consideration, and this year we have a particular need for Primary Care, Hospitalists, Rheumatologists, Ob/Gyn, Dentistry and Registered Dietitians. We encourage SAC members to approach their colleagues.

Steps for nominating individuals: To nominate an individual please provide the person's email/contact information, and a short justification of why this person is being nominated. Once the above information has been received a Nomination package will be sent out to the individual requesting the following:

- CV
- Paragraph on what they can share with SAC in terms of their expertise
- List of the things they have done over the last few years in the area of osteoporosis.

Please return your nominations to Kerry Grady at kgrady@osteoporosis.ca by July 31, 2023. The nominations committee will be reviewing applications in August.

SAC Committee Volunteers

We are looking for volunteers for our research, guidelines, rapid response and knowledge translation committees/subcommittees. A three-year commitment is required. If you are interested in serving on one of these committees, please contact Kerry Grady at kgrady@osteoporosis.ca by July 31, 2023 and let her know which committee you would like to join.

Annual COI Form

Please complete your annual **COI form** and return by **August 14, 2023**.
Please check your inbox for the email.

Volunteers Needed for Webinars and Podcasts

Please complete the attached short survey. We are looking for speakers for podcasts and webinars.

[TAKE SURVEY](#)

2023 Lindy Fraser Memorial Award

Osteoporosis Canada is inviting nominations for the 2023 Lindy Fraser Memorial Award. The award recognises a SAC member who has made an outstanding contribution to the field of osteoporosis research and education and has been active on the SAC supporting the work of Osteoporosis Canada.

Osteoporosis Canada established this award in 1993 in honour of Lindy Fraser, who in 1981 at the age of 87, started the first self-help group for people with osteoporosis. She herself was an inspiration to others as she shared her struggle to get out of bed, into a wheelchair, then to walk again with a cane. In 1982, she answered a call from a small group in Toronto to take part in the first national symposium on osteoporosis. That appearance was the spark that gave rise to Osteoporosis Canada.

The award named in her honour recognizes individuals who have done exemplary research and have helped to increase the knowledge about osteoporosis. It is Osteoporosis Canada's most prestigious award.

The following is a list of SAC members who have been honoured with the Lindy Fraser Award.

Past recipients are:

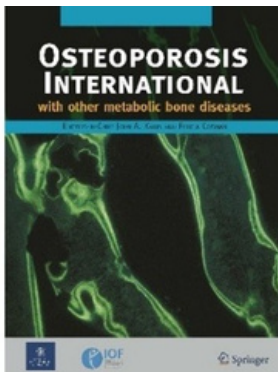
- 1994** Dr. Joan Harrison
 - 1995** Dr. Edmund Yendt
 - 1996** Dr. George Jaworski
 - 1997** Dr. Harold Copp
 - 1998** Dr. Timothy Murray
 - 2002** Dr. Jonathan Adachi
 - 2003** Dr. Alan Tenenhouse
 - 2004** Dr. Jacques Brown and Dr. Robert Josse
 - 2005** Dr. Alexandra Papaioannou
 - 2006** Dr. David Hanley
 - 2007** Dr. Anthony Hodsmann
 - 2008** Dr. William Leslie
 - 2009** Dr. Suzanne Morin
 - 2010** Dr. Angela Cheung
 - 2011** Dr. Brian Lentle
 - 2012** Dr. David Goltzman
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2013 Dr. Earl Bogoch
2014 Dr. Diane Theriault
2015 Dr. Heather Frame
2016 Dr. Lora Giangregorio
2017 Dr. Stephanie Kaiser
2018 Dr. Sumit Majumdar
2019 Dr. Rowena Ridout
2020 Dr. Aliya Khan
2021 Dr. Sid Feldman
2022 Dr. Heather McDonald-Blumer

Please e-mail your nomination, with a brief note highlighting why the nominee is worthy of this honour, to kgrady@osteoporosis.ca by July 31, 2023.

Osteoporosis International Article

The Bone Health & Osteoporosis Foundation (BHOFF) has chosen the following article authored by SAC members as their June article of the month. Congratulations!!



[Post hip fracture orthogeriatric care - a Canadian position paper addressing challenges in care and strategies to meet quality indicators](#)

Aliya A. Khan, Hajar AbuAlrob, Hatim Al-alwani, Dalal S. Ali, Khulod Almonaei, Farah Alsarraf, Earl Bogoch, Karel Dandurand, Aaron Gazendam, Angela G. Juby, Wasim Mansoor, Sharon Marr, Emmett Morgante, Frank Myslik, Emil Schemitsch, Prism Schneider, Jenny Thain, Alexandra Papaioannou & Paul Zalzal

FLS Update

There has been an expansion of one FLS site and the addition of a new site:

1. Richmond Hospital FLS (BC) which was already listed on the Registry has expanded to also cover orthopaedic outpatient clinics. It is now both an inpatient and outpatient site.
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2. Dr. Everett Chalmers Regional Hospital, Fredericton, New Brunswick is a new addition to the registry. It is funded by the Brookfield Chair and is both an inpatient and outpatient site.

The FLS registry now contains 53 sites.

SAC Consultants and the Media

This is a reminder to all SAC members to advise OC (Kerry – kgrady@osteoporosis.ca) in advance if you are doing any media work – radio, television, print, podcasts etc on behalf of OC. A simple note to keep us in the know will suffice.

Your Donations Go A Long Way

We were the world's first-ever osteoporosis-dedicated organization, the first to establish guidelines for long-term treatment and exercise, and the first to introduce fracture risk assessment. But we're just getting started. More firsts are within our grasp – that's where you come in. Osteoporosis Canada relies on the generosity of Canadians, and we are grateful to the individuals, groups, foundations, and companies that provide ongoing financial support, enabling us to advance research, education, and advocacy.

[DONATE](#)
