## **OSTEO**POROSIS

# SAC LINK

Osteoporosis Canada's Scientific Advisory Council

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## Osteoporosis Canada's Clinical Practice Guidelines

The Clinical Practice Guidelines have been submitted to the Canadian Medical Association Journal for consideration. Thanks to Dr. Suzanne Morin for her dedication to leading this project to fruition. Also thanks to the steering committee and working group leaders – Dr. Sid Feldman, Mr. Larry Funnell, Dr. Lora Giangregorio, Dr. Sandra Kim, Dr. Heather McDonald-Blumer, Dr. Nancy Santesso, Dr. Rowena Ridout and Dr. Wendy Ward. Watch your email for publication announcements.

## 4th Canadian Musculoskeletal Conference

The 4<sup>th</sup> Canadian Musculoskeletal Conference and Young Investigator Day dates has been moved to March 23rd and 24th, 2023 to allow time for the publication of the new OC Clinical Practice Guidelines. The event will remain a hybrid event – virtually and in person at the Sheraton Centre on Queen Street in Toronto. Please refer to <u>osteoporosis.ca</u> or the SAC Link for more details and registration.

## Welcoming New SAC Members

#### Marie-Josee Begin

Dre Marie-Josee Begin is an endocrinologist at Centre hospitalier de l'Université de Montréal (CHUM), a clinical-investigator at the CHUM Research Center and a Clinical Assistant Professor at University of Montreal. She completed a fellowship (2019-2021) at the Geneva University Hospitals in metabolic bone diseases and a complementary training in bone histomorphometry at CHU Saint-Etienne, France. She is currently pursuing a Master's degree in Epidemiology at the École de santé publique de l'Université de Montréal (ESPUM). Her clinical focus and research interests are bone fragility in chronic kidney disease patients and transplant recipients.



#### **Alexander Bilbily**

Dr. Alexander Bilbily is a Toronto-based academic radiologist, nuclear medicine physician, and computer scientist. Dr. Bilbily is Co-Founder & Co-CEO of 16 Bit Inc, an internationally award-winning AI medical imaging company with the vision of augmenting physician diagnostic ability using artificially intelligent tools. 16 Bit currently offers Health Canada approved SaMD for osteoporosis screening and pediatric bone age assessment. Dr. Bilbily also serves as the director of the Augmented Precision Medicine (APM) lab at Sunnybrook Hospital and is a member of the Canadian Association of Radiology AI Working



Group. Dr. Bilbily believes that AI will be the foundation of next-generation tools that will improve the efficiency, quality, and reliability of care that physicians can offer to their patients.

#### Julie Gilmour

Dr. Julie Gilmour MBChB, FRCPC, MSc (HQ), Assistant Professor at the University of Toronto, Endocrinologist at St. Michael's Hospital (SMH).

Julie completed her medical degree at the University of Birmingham, UK, followed by her internal medicine residency at Queen's University and endocrinology residency at the University of Toronto. In 2016, she received a Master's of Science in Healthcare Quality from Queen's University. Julie joined the Department of Endocrinology at St. Michael's Hospital in 2017 as a clinician in quality and innovation. Julie has a clinical interest in calcium metabolism and metabolic bone.



#### Priya Manjoo

Dr. Manjoo is a specialist in Internal Medicine and Endocrinology. She is a diplomat of the American Board of Obesity Medicine and a Certified Hypertension Specialist. She is Co-Director of the Victoria Cardiometabolic Collaborative Clinic, member of the board of directors of the Victoria Lipid Clinic. Dr. Manjoo is co-author of the Pharmacotherapy section of the 2020 Obesity in Adults Clinical Practice guidelines and co-author of the CCS 2021 Dyslipidemia guidelines. She is on faculty at the University of British Columbia and the University of Victoria. She has presented extensively on the optimization of cardiometabolic health as it applies to patients with adiposity related disease.



Dr. Manjoo also has a strong interest in osteoporosis management. She is a member of the American Society of Bone and Mineral Research as well as the British Columbia Coalition for Osteoporosis Physicians (BCCOP) where she works collaboratively with other physicians in the province to help improve access to osteoporosis treatments for patients. This is a PHSA funded Coalition. She is also working closely with the British Columbia Cancer Agency and BCCOP to assist in the development of a bone health referral pathway to optimize the bone health of cancer patients receiving endocrine therapies.

#### Laura Rothman

Dr. Laura Rothman is an endocrinologist in Toronto. She completed her medical training at the University of Toronto. She is interested in metabolic bone disease.



#### Vithika Sivabalasundaram

Dr. Vithika Sivabalasundaram is a community Endocrinologist, and an Adjunct Lecturer with the Division of Endocrinology and Metabolism at the University of Toronto. She works at University Health Network in the Metabolic Bone Clinic, with a clinical focus on osteoporosis care after transplant, pre-menopausal osteoporosis, and parathyroid disease. She completed her medical training at the University of Toronto, as well as the Certificate Course in Patient Safety and Quality Improvement. She is involved in quality improvement initiatives affecting clinical care in osteoporosis and general endocrinology.



### Lindy Fraser Award 2022

On behalf of Osteoporosis Canada's Scientific Advisory Consultants and Osteoporosis Canada, we would like to announce this year's Lindy Fraser Award winner as chosen by the members of the SAC.

You may recall that Osteoporosis Canada established this award in 1993 to recognize individuals who have made an outstanding contribution to the field of osteoporosis research and education in Canada. The award is named in honour of Lindy Fraser, who in 1981 at the age of 87, started the first self help group for people with osteoporosis. She herself was an inspiration to others as she shared her struggle to get out of bed, into a wheelchair, then to walk again with a cane. In 1982, she answered a call from a small group in Toronto to take part in the first national symposium on osteoporosis. That appearance was the spark that gave rise to Osteoporosis Canada.

This year's award winner has shown immeasurable dedication and determination in the collaborative effort to achieve the common vision of Canada without osteoporotic fractures. We cannot think of a more deserving individual.

Heather McDonald-Blumer is a rheumatologist at Mt. Sinai Hospital/University Health Network. Her clinical interests include osteoporosis and inflammatory joint disease. She has been an active member of the rheumatology community locally and nationally and is known as a passionate teacher and educator. She has served as the University of Toronto program director both for rheumatology and internal medicine years, and the William Goldie Travel Prize and Award for Medical Education and the Teacher of the Year Award to recognize the impact of her work and leadership within the internal medicine program, and the Royal College Program Director of the Year Award and the inaugural Canadian Rheumatology Association Teacher/Educator of



the Year Award. She is currently the Division Director for Rheumatology at the University of Toronto.

Heather has been an active member of the SAC for many years, having served many committees, currently on the executive committee and chair of the guidelines committee. She also oversees the SAC's Conflict of Interest needs. Heather has been an integral part of the 2023 CPG, as an active member of the steering committee and leading the conflict of interest oversight committee.

Congratulations Heather!!

### Osteoporosis Canada Awards

At the recent OC AGM, SAC members were honoured with the following awards:

**Backbone Awards:** The purpose of the Backbone Award is to recognize those volunteers who, through their actions, efforts and ideas, have made a significant impact to the success of Osteoporosis Canada.

- Dr. Debra Butt
- Dr. Lora Giangregorio
- Dr. David Kendler
- Dr. Caitlin McArthur
- Dr. Lynn Nash

- Carla Purcell
- Dr. Joanna Sale
- Dr. Sonia Singh

**Lifetime Achievement Awards:** The Lifetime Achievement Award is given to recognize cumulative contributions made by an individual.

- Dr. William Leslie
- Dr. Diane Theriault

## Dr. Diane Theriault Stepping Down From Role as Chief Scientific Officer of FLS at OC

Effective December 16<sup>th</sup>, 2022, Dr. Diane Theriault will be stepping down from her role as Chief Scientific Officer of FLS at OC.

Diane has held this role for the past decade and much of OCs FLS work done since then has been done on a volunteer basis by Diane. Diane has been instrumental in setting up the FLS Hub, the FLS registry and audit committees, in addition to supporting multiple FLS sites across the country. Her leadership and vision have led to the successful implementation of many FLS sites across the country.

Diane will continue to volunteer in the FLS department in many ways, however OC would like to express sincere appreciation for all that she has done to further FLS across the country and to thank her on behalf of the patients who have benefitted from the innovative model of care, the health professionals inspired and educated by her and Osteoporosis Canada.