STANDING TALL TOGETHER

Osteoporosis Canada

Ostéoporose Canada

Annual Review 2007-08

BUILDING STRONGER BONES

Our Vision ::

Canada without osteoporotic fractures

Our Mission ::

To work towards a future where all Canadians will:

- :: be knowledgeable about osteoporosis
- :: be empowered to make informed choices about their bone health
- :: have access to the best osteoporosis care and support
- :: benefit from research into the risk reduction, diagnosis and treatment of osteoporosis.

Message from the Board Chair and President & Chief Executive Officer ::

This past year has been characterized by challenges, transitions, consolidation and careful planning for the future. The funding environment is evolving and we have started to do the same, with more of that to come in the next year.

Including significant personal sacrifice of a financial nature, our staff repeatedly demonstrates its commitment to the cause of a Canada without osteoporotic fractures. We thank each and every one of them for their valuable personal and professional contributions to the organization.

Our volunteers continue to sustain Osteoporosis Canada through their dedicated and faithful service:

- :: The COPN (Canadian Osteoporosis Patient Network) Executive puts out a bi-weekly electronic newsletter to over 1,000 individuals.
- :: The members of our Scientific Advisory Council (SAC) ensure that our messages to and information for the public, for physicians and for policy makers are accurate and up-to-date.
- :: Chapter volunteers are the faces and legs of OC in countless communities across Canada. Our 1-800 volunteers field more than 12,000 calls annually.
- :: The members of our Board of Directors take their governance responsibilities seriously and all serve faithfully on multiple committees.

All of the above volunteer commitments breathe life into our shared vision.

Our successes over the past year would not have been possible without the multiple contributions from SAC, Board, Chapter, and COPN members. Those successes include the first Strategic Plan for COPN, collaboration with the Ontario Association of Radiology on BMD site accreditation, consultation with the Public Health Agency of Canada to develop indicators for surveillance on osteoporosis, and preparation for the first ever Report Card on Osteoporosis in Canada.

We invite you to examine the pictures in this Annual Review. They are the faces of osteoporosis in Canada. We have chosen to highlight COPN and the committed individuals who maintain this incredible network for people who live with and are affected by osteoporosis.

We look forward to a new fiscal year where we can resume a gradual growth in our Chapter presence across the country, release our first ever national Report Card and explore options for greater support to osteoporosis care and research.

Diane Thériault,
Chair, Board of Directors

Julie M. Foley
President & CEO

What is COPN?

Living with osteoporosis can be daunting, but you can take control of your disease, and at the same time you can help increase public and political awareness. COPN is the perfect way to get involved.

COPN is a network of enthusiastic volunteers dedicated to educating, empowering and supporting those with osteoporosis in Canada. Folks connected to COPN are active throughout the community and all levels of government, sharing their experiences and knowledge with the public to raise awareness and facilitate change.

" Now I'm sharing my story with confidence."

- Larry Funnell, COPN Member

The virtual network provides a free bi-monthly newsletter, 'COPING,' delivered right to your inbox. This is full of tips on diet, physical activity, medications and other bits and pieces of interest to those living with osteoporosis. In addition, the 'funny bone' section in each issue is sure to leave you chuckling. If you don't have access to email we will send you a collection of newsletters every second month by Canada Post. All material in 'COPING' is reviewed by a subcommittee of doctors who are consultants to the Scientific Advisory Council of Osteoporosis Canada. This is to ensure we give you only accurate, up-to-date information that you can rely on.

You can connect to COPN and enjoy the newsletter without being more involved or you can participate in promoting change that will give better access to diagnosis and treatment. The option is yours, but do connect. You won't be sorry. Just phone 1-800-463-6842 or register online at www.osteoporosis.ca/copn.

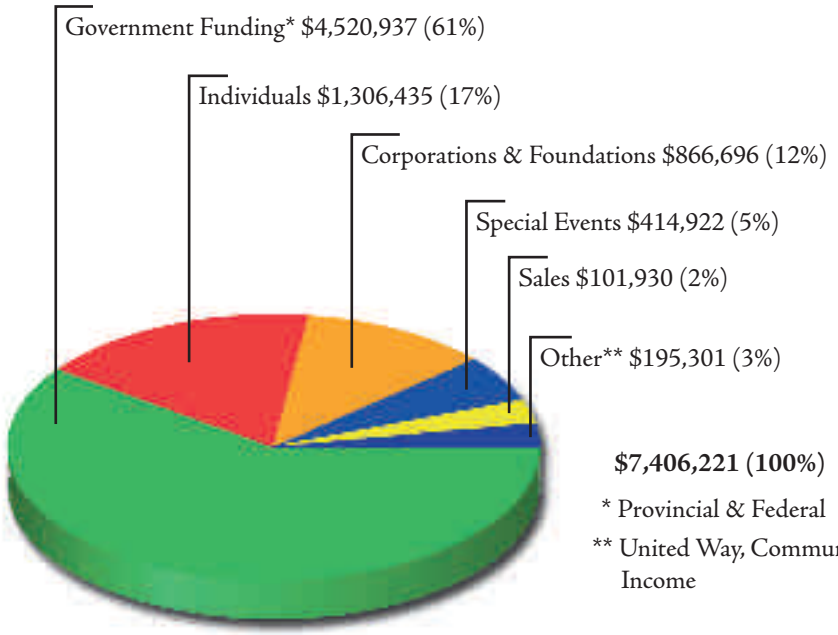
Financial Highlights ::

During the fiscal year ended March 31, 2008, Osteoporosis Canada experienced overall revenue growth of 17% over the previous year. However, that growth was solely the result of the increased funding provided by the Ontario Ministry of Health and Long-Term Care for activities related to Ontario's multi-year Osteoporosis Strategy. If we exclude funding from the Ontario Ministry of Health, revenue from all other sources was down by $476,288, or 12% from the previous year.

That revenue shortfall created quite a financial challenge for Osteoporosis Canada during the past year. A number of cost cutting measures had to be implemented to make up for the lost revenue. But through the pulling together of our staff and volunteers, with hard work and personal sacrifice, we were able to overcome that challenge and finish the year with a small surplus of $9,409.

To ensure that we are better prepared for such challenges in the future, the Board of Directors has established a Reserve Fund. The ultimate goal is to have six months of operating expenses set aside as a financial cushion. We expect that it will take a number of years to achieve this goal, but we are taking that important first step of establishing the Reserve Fund and depositing the full amount of this past

Revenue



$7,406,221 (100%)

* Provincial & Federal

** United Way, Community groups, Gaming and Interest Income

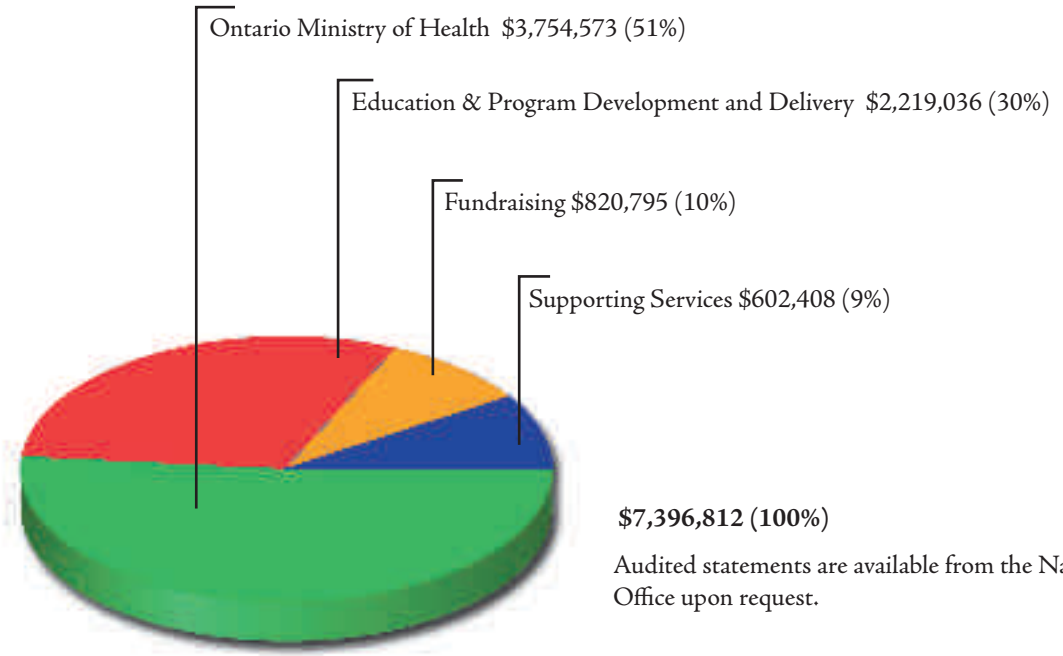
year's surplus into it.

The Research Fund, which is administered by the Investment Committee of the Board of Directors and is financially segregated from the Program Fund, ended the fiscal year with a balance of $1,494,643. The Research Fund receives and manages financial resources available for scientific research projects selected by the Scientific Advisory Council of Osteoporosis Canada.

On behalf of the Board of Directors, I would like to take this opportunity to thank all of the volunteers and staff of Osteoporosis Canada for their commitment and dedication to the organization. They deserve a great deal of credit for helping us to get through this most difficult year.

Fred Goddard, B.Sc., C.G.A., CFP
Treasurer, National Board of Directors

Expenses



$7,396,812 (100%)

Audited statements are available from the National Office upon request.

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" Our Board and SAC members help to make us a world-class organization."

- Julie M. Foley, President & CEO

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2007-08

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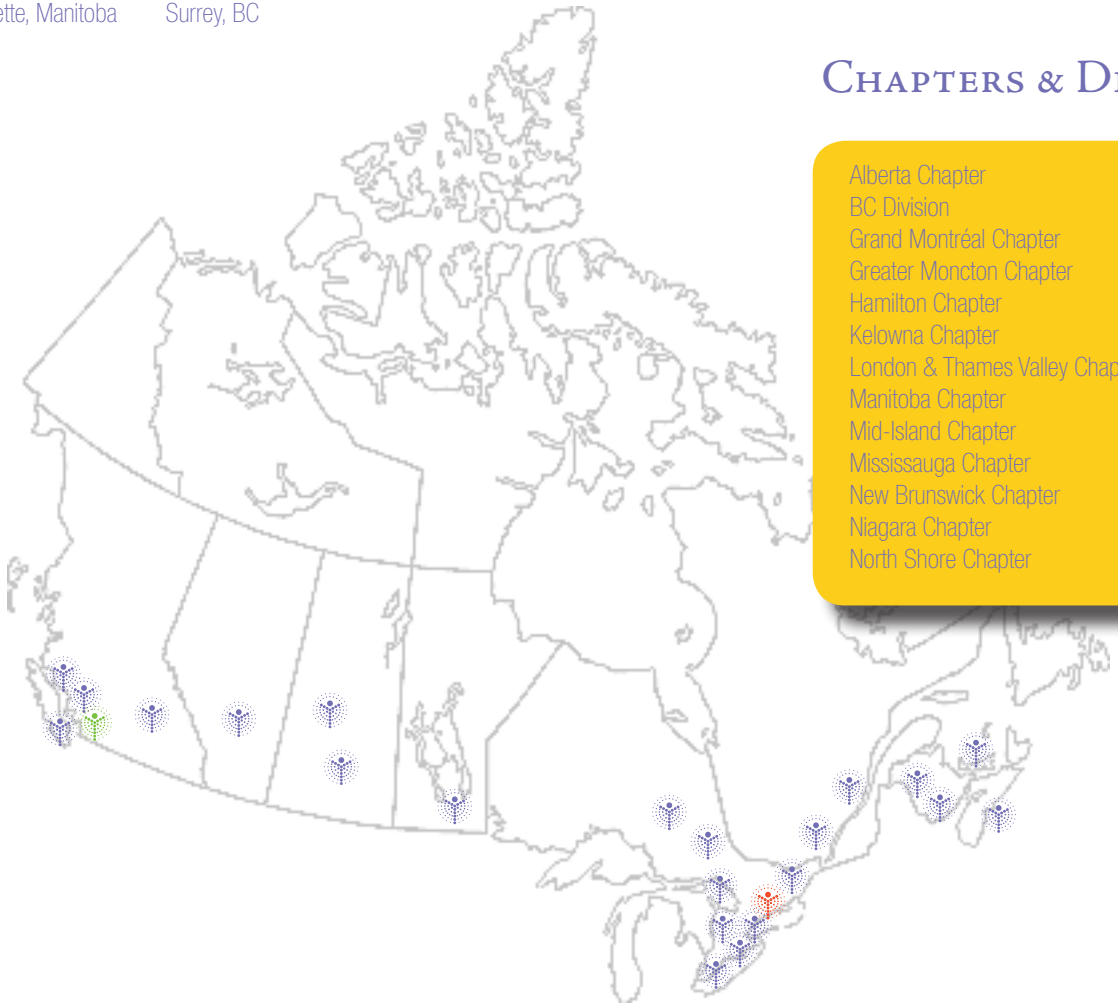

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London & Thames Valley Chapter
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Toronto & Area Chapter
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BUILDING BETTER LIVES!

Osteoporosis Canada

Ostéoporose Canada

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Email: info@osteoporosis.ca / Web: www.osteoporosis.ca

For more information on the Division or Chapter near you visit the Community Contacts section of www.osteoporosis.ca or call 1-800-463-6842

For a list of National Office staff, visit the Osteoporosis Canada section of www.osteoporosis.ca.

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