

BEYOND THE BREAK

EDUCATION SERIES
WINTER/SPRING 2013

Osteoporosis Canada and Women's College Hospital are offering a collaborative inter professional education series via telemedicine.

This modular series is targeted towards health professionals working with people living with osteoporosis.

If you're interested in registering for one or more of the upcoming modules, please contact:

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1-800-463-6842 ext. 224

VISIT:
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For more information:

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Osteoporosis Canada
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WOMEN'S COLLEGE HOSPITAL
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MODULE 1 Overview of Osteoporosis

PART 1: OSTEOPOROSIS BASICS

DATE: FRI. JAN. 11, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Barbara Beauchamp, BAsc, DC
Regional Integration Lead
Ontario Osteoporosis Strategy
York Region

PART 2: ESSENTIALS OF OSTEOPOROSIS CARE

DATE: FRI. JAN. 25, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Ina Radziunas, BScN, RN, MEd
Clinical Nurse Specialist
Women's College Hospital,
Multidisciplinary Osteoporosis
Program



MODULE 2 Fracture Risk Assessment

PART 1: OSTEOPOROSIS - WHAT IT MEANS AND WHEN TO TREAT

DATE: FRI. FEB. 8, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Dr. Sophie Jamal, MD, PhD, FRCPC
Research Director
Women's College Hospital,
Multidisciplinary Osteoporosis
Program

PART 2 : PRACTICAL ISSUES IN BONE MINERAL DENSITY TESTING

DATE: FRI. FEB. 15, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Anita Colquhoun, MRT(N), CDT
Women's College Hospital,
Multidisciplinary Osteoporosis
Program



MODULE 3 Osteoporosis & Nutrition

PART 1: ESSENTIAL NUTRIENTS FOR BONE HEALTH

DATE: FRI. MAR. 8, 2013

TIME: 2:00 - 3:00pm ET

SPEAKER:

Stephanie Atkinson, PhD, FCAHS
Nutrition Scientist
Professor & Associate Chair
Pediatrics, McMaster University

PART 2 : NUTRITION COUNSELING FOR THE OSTEOPOROSIS PATIENT

DATE: FRI. MAR. 22, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Helen Emanoilidis, MSc, RD
Clinical Dietitian
Women's College Hospital,
Multidisciplinary Osteoporosis
Program



MODULE 4 Medications & Treatment

PART 1: CURRENT PRACTICES IN OSTEOPOROSIS MEDICATION

DATE: FRI. APR. 12, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Dr. Sandra Kim, MD, MSc, FRCPC
Medical Director
Women's College Hospital,
Multidisciplinary Osteoporosis
Program

PART 2 : MEDICATION COUNSELING OF THE OSTEOPOROSIS PATIENT

DATE: FRI. APR. 19, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Elaine Beltjar, BScPhm
Pharmacist
Women's College Hospital,
Multidisciplinary Osteoporosis
Program



MODULE 5 Osteoporosis & Physical Activity

PART 1 : AN EVIDENCE-BASED INTRODUCTION TO SAFE EXERCISE FOUNDATIONS FOR OSTEOPOROSIS

DATE: FRI. MAY. 3, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Judi Laprade, BA, BScPT, MSc, PhD
University of Toronto

PART 2 : BEYOND EXERCISE IN OSTEOPOROSIS: TACKLING THE OTHER 23 HOURS A DAY WE MOVE

DATE: FRI. MAY. 10, 2013

TIME: 12:00 - 1:00pm ET

SPEAKER:

Judi Laprade, BA, BScPT, MSc, PhD
University of Toronto

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