



Osteoporosis Canada

Ostéoporose Canada

December 2010

# SAC Link

Osteoporosis Canada's Scientific Advisory Council

## Fall Edition

**Executive Committee:** Dr. Bill Leslie (Chair), Dr. Angela Cheung (Vice Chair), Dr. Alexandra Papaioannou, Dr. Stephanie Atkinson, Dr. Earl Bogoch, Dr. Sid Feldman, Dr. Stephanie Kaiser, Dr. Sumit Majumdar, Dr. Heather McDonald-Blumer, Dr. Suzanne Morin

**Guidelines Committee:** Dr. Suzanne Morin (Chair), Dr. Angela Cheung, Dr. Heather Frame, Dr. Anthony Hodsman, Dr. David Lyons, Dr. Sumit Majumdar, Dr. Lynn Nash, Dr. Alexandra Papaioannou

**Research Committee:** Dr. Angela Cheung (Chair), Dr. Stephanie Atkinson, Dr. Jane Aubin, Dr. Debra Butt, Dr. Lora Giangregorio, Dr. David Goltzman, Dr. David Hanley, Gezina Ilse (COPN), Dr. Susan Jaglal

**Nominating Committee:** Dr. Stephanie Kaiser (Chair), Dr. Earl Bogoch, Dr. Anthony Hodsman, Dr. Bob Josse, Dr. Suzanne Morin, Dr. Alex Papaioannou

### STAFF SUPPORT TO SAC

Dr. Famida Jiwa, President & CEO  
Dr. Farah Samji, Senior Manager,  
Clinical & Scientific Programs  
Donna Spafford, Consultant, Clinical Programs

## Clinical Practice Guidelines Launch Highlights

You all know that the 2010 Clinical Practice Guidelines were published on line on October 12, 2010 in the CMAJ – a terrific achievement by members of the working group. CMAJ also published the paper in their November 23 edition of the journal and a Quick Reference Guide was inserted for all their members.

The Guidelines launch was extremely successful. Our media partner, Hill & Knowlton, reported that coverage totaled 103 individual hits (press, television, radio) and 20.6 million media impressions!

It doesn't stop there, over the past few months OC has made changes to the website. We're happy to announce that the new Health Professional section is now complete, providing all the clinical tools and resources to support the Guidelines. While many tools can be accessed

with one click from the OC home page, the entire tool-kit of resources can be found under the HCP tab:

- **Guidelines:** Drs Alexandra Papaioannou and Bill Leslie introduce each section in short video sections
- **Clinical Tools & Resources – all downloadable:** CMAJ publication, Executive Summary, Quick Reference Guide, CAROC 2010 and FRAX tools, Slide sets with case studies. The slide sets are provided in sections for easier access and selection
- **Research:** announces current OC funded research competitions, award recipients and their projects, and research in the news
- **SAC:** list of SAC Consultants, with current and past issues of the SAC LINK

These upgrades represent the work of many OC staff, Guidelines authors and working groups, and our creative agencies. Thank you all!

**En français:** Please note that the same resources have been added to the French OC website. Video presentations are delivered by Drs Suzanne Morin and Jacques Brown.

In addition, OC welcomes and encourages those of you who may be interested in scheduling CME, rounds, and or meetings in your region to support the guidelines launch. If you have already scheduled such events could you please inform me of the type of event, location and audience as this would be very helpful for ongoing tracking of such knowledge transfer activities.

Once again thank you all for your support in the launch of the guidelines and we do hope you will take full advantage of these tools, including the upgraded resources on the website as well as forward this to your colleagues and students.

[What's working with your fracture patients?](#)

[The Highest Risk Patient Working Groups invite you to share successful materials, resources & projects that you have developed.](#)

[Please send to Spafford.d@rogers.com.](mailto:Spafford.d@rogers.com)



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## Research Edition

### CPG Post-Launch Highlights



The Breakfast Symposium held on October 15, 2010 was a huge success. There were over 100 attendees for a 7am



Dr. Famida Jiwa, the moderator of this special event gave sincere thanks to all those who made this day possible.

Larry Funnell, representing COPN provided a very heartfelt presentation highlighting the patient perspective.



Dr. Bill Leslie, co author of the guidelines spoke to the fracture risk assessment.

Dr. Alexandra Papaioannou spoke to the clinical approach to osteoporosis.



### 2010 Lindy Fraser Memorial Award Recipient

Osteoporosis Canada (OC) is proud to announce **Dr. Angela Cheung** as the 2010 Lindy Fraser Memorial Award recipient. The Lindy Fraser Memorial Award was created in 1994 under the banner of Osteoporosis Canada to recognize individuals who have done exemplary research and have helped to increase the knowledge about osteoporosis.



Dr. Cheung obtained her MD degree from Johns Hopkins University School of Medicine in 1988, and her PhD degree from Harvard University in 1997. Dr. Cheung is an Associate Professor of Medicine at the University of Toronto. She is also the Director of the University Health Network Osteoporosis Program and the Director of the Centre of Excellence in Skeletal Health Assessment (CESHA).

Dr. Cheung joined the OC-Scientific Advisory Council in 2001 and since then has been contributing significantly to guidelines and research work. She currently holds the position of SAC Vice-Chair as well as SAC Chair of the Research Committee. She is a member of the Best Practices Committee and helped complete the 2010 Clinical Practice Guidelines for the Diagnosis and Management of Osteoporosis. She was also actively involved during the launch, speaking for and on behalf of Osteoporosis Canada.

On October 15th, 2010, Dr. Bill Leslie (SAC Chair) handed Dr. Cheung the prestigious award during the Scientific Advisory Council (SAC) Executive & Guidelines Committee Meeting at the 2010 Annual ASBMR (American Society for Bone Mineral Research).



*Congratulations, Dr. Angela Cheung for your well deserved award!*





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### OC-CaMos & OC-CIHR 2010 Research Awardees

**Celeste Hamilton is the recipient of the 2010 CaMos Research Award.** She has a Bachelor's degree in Human Kinetics from the University of British Columbia and a Masters of Science from the Department of Exercise Sciences at the University of Toronto. She is Research Coordinator in the Osteoporosis Research Program at Women's College Hospital and a PhD student in the Department of Exercise Sciences at the University of Toronto under the supervision of Dr. Sophie Jamal and Dr. Scott Thomas. Celeste's primary research interests include studying the effects of physical activity on bone geometry and strength in postmenopausal women. Her current research project using data from the Canadian Multicentre Osteoporosis Study, will explore the effects of age and gender on the association between physical activity and hip strength in Canadian men and women.



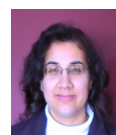
**Milica Nikitovic is the recipient of the 2010 OC-CIHR Master research award.** She graduated with an Honours BSc in Biology and Pharmacology from Mc-Master University, and is currently a Master's student in the Department of Pharmaceutical Sciences at the University of Toronto under the supervision of Dr. Suzanne Cadarette. Through her training Milica is gaining expertise in the areas of pharmacoconomics and pharmacoepidemiology related to osteoporosis. She recently published a review paper evaluating the methods to examine the impact of compliance to osteoporosis pharmacotherapy on fracture risk (*Ther Adv Chronic Dis* 2010; in press). Her MSc thesis research will determine the direct attributable costs of osteoporotic fractures in Ontario utilizing healthcare administrative claims data. Results from this study will provide Canadian fracture costing data that will feed into future cost effectiveness analyses.



Congratulations to both of you and we wish you all the best for your future research endeavours.

### OUR NEW SAC MEMBERS

**Dr. Debra Ann Butt** BSc MSc MD CCFP



MSc Candidate (Clinical Epidem, UofT)

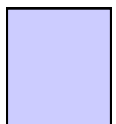
Family Physician  
Assistant Professor, Dep't of Family & Community Medicine, University of Toronto

**Dr. Heather Frame** MD CCFP



Family Physician  
Assiniboine Clinic,  
Winnipeg, MB

**Dr. David Lyons** MD FRCPC



OAR Chair  
CBMD Facility Accreditation Program

**Dr. Sumit Majumdar** MD MPH FRCP(C) FACP



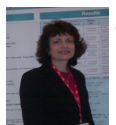
Professor  
Department of Medicine  
Division of General Internal Medicine  
University of Alberta

**Dr. Lynn Nash** MD CCFP FCFP



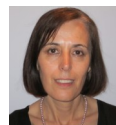
Family Physician  
Ancaster, Ontario  
Assistant Clinical Professor, Dep't of Family Medicine, McMaster University

**Dr. Irene Polidoulis** MD CCFP FCFP



Assistant Professor  
Dep't of Family & Community Medicine  
Faculty of Medicine  
University of Toronto

**Dr. Rowena Ridout** BASc MEng MD FRCPC



Assistant Professor  
Department of Medicine  
University of Toronto

**Dr. Roger Sutton** DM FRCP FRCPC FCAHS



Professor Emeritus, Departments of Medicine and Urological Sciences  
University of British Columbia  
Medical Director, Osteoporosis Program  
Women's Health Centre





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## Scientific Advisory Council

\*SAC Executive Committee



\*Bill Leslie (Chair)



\*Angela Cheung (Vice Chair)



\*Stephanie Atkinson



Jane Aubin



Susan Barr



Greg Berry



Louis Bessette



\*Earl Bogoch



Jacques Brown



Debra Butt



David Cole



Ann Cranney



Richard Crilly



Mary Jane De Souza



Christine Derzko



Larry Dian



\*Sidney Feldman



Heather Frame



Lora Giangregorio



Sabrina Gill



David Goltzman



David Hanley



Anthony Hodsman



Susan Jaglal



Sophie Jamal



Elaine Jolly



Robert Josse



\*Stephanie Kaiser



David Kendler



Aliya Khan



Nota Klentrou



Brent Kvern



Darien Lazowski



David Lyons



\*Sumit Majumdar



\*Heather McDonald B.



Colleen Metge



Lynn Nash



\*Suzanne Morin



Tim Murray  
Honorary Member



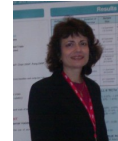
Wojciech Olszynski



\*Alex Papaioannou



Terri Louise Paul



Irene Polidoulis



Jerilynn Prior



Rowena Ridout



Anna Sawka



Louis-Georges Ste-Marie



Roger Sutton



Diane Theriault



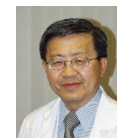
Anne Marie Whelan



Susan Whiting



Edmund Yendt



Chui Kin Yuen



Nese Yuksel