

Osteoporosis Canada's
Scientific Advisory Council

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OSTEOPOROSIS CANADA AND COVID-19

As Osteoporosis Canada continues to monitor the impact of the evolving Coronavirus (COVID-19) situation the health and well-being of our supporters, volunteers, donors, partners and staff remain our top priority.

We are actively following the guidelines established by the Public Health Agency of Canada and Health Canada in addition to other health authorities. As such, we have closed our physical offices with staff working from home. We have also cancelled any face to face events including educational public forums and support groups until the end of May. Where possible, we will be using technology to convert some events into free online webinars so that we can continue to share information and support those affected by osteoporosis.

Continue to visit Osteoporosis Canada's website for ongoing updates on events and programming.

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Clinical Guidelines Update

The work of the guidelines has been suspended until the end of May due to the COVID crisis and increased clinical demands to the lead authors and working group members.

Osteoporosis Canada's FLS Registry

Osteoporosis Canada (OC) encourages Canadian FLSs to apply to the OC FLS Registry. Submitted models are reviewed and those complying with the evidence-based Essential Elements of an FLS (English and French) will be featured on the Registry. The FLS Registry is a great way to showcase your program to stakeholders in your community. Registry FLSs also benefit from an opportunity to belong to a community of practice. There are on-going learning opportunities, e.g. webinars.

Additionally, OC Registry FLSs participate in national FLS audits as part of their continued quest to improve patient care and outcomes. Key performance indicators are a crucial part of this endeavour and are important elements of Osteoporosis Canada's national FLS audits (available in English and French). If you have questions regarding your submission to the FLS Registry, please be sure to reach out by contacting fls@osteoporosis.ca. You may also view the recently updated FAQs located on the FLS Hub (available in English and French).

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OSTEOPOROSIS CANADA RESEARCH COMPETITION

The Osteoporosis Canada research program is on hold until further notice due to financial constraints secondary to COVID.

OC National Volunteer Program Update

The Community Engagement Coordinators (CEC) continue to recruit, train and support OC volunteers across Canada and the organization. In September, 2019, Liz Kehler started in the role of CEC, Region 1 (BC/Alberta). Sandy Owczar continues in her position as CEC, Region 2 (Saskatchewan/Manitoba) and Cathy Percy CEC for Region 3 (Ontario). In January, 2020, Heather Eatson began in her role as Community Engagement Manager, supporting the CEC's and the Volunteer Program. Heather will support the Region 4 (Quebec), 5 (Atlantic Canada) and Region 6 (Territories) Volunteers until there is a time that more CEC's will be hired.

Regional meetings were held in September, in both Ontario and Manitoba by the regional CEC. The goals of these meetings are to provide support and education to volunteers, provide updates on OC, develop workplans together and provide the opportunity to meet with other volunteers and strengthen these relationships. There is a regional meeting planned in February for BC volunteers in Vancouver and for the Alberta volunteers in Calgary.

Volunteers are recruited through different avenues, such as social media sites, volunteer associations, recruitment fairs. The CEC's also continue to receive and search out opportunities in their different communities/provinces for opportunities for volunteers to deliver community education programs and increase awareness in the prevention of secondary fractures.

Currently, there are 159 Fracture Prevention Volunteers, that have completed the volunteer registration package as well as Level 1 of online course. Many have completed Level 2 and others are in the process of completing it. Development of Level 3 is in the planning stages. If you are aware of any activities or opportunities for OC Volunteers in your area, please contact the Community Engagement Coordinator or Manager. Contact information is below.

Region 1- BC & Alberta

Liz Kehler lkehler@osteoporosis.ca

Region 2- Saskatchewan & Manitoba

Sandy Owczar sowczar@osteoporosis.ca

Region 3- Ontario

Cathy Percy cpercy@osteoporosis.ca

Region 4- Quebec, Region 5- Atlantic Canada, Region 6- Territories

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BEYOND THE BREAK



A Virtual Education Series for Health Professionals

LIVE WEBINAR

Understanding Bone Health as Part of
Overall Musculoskeletal Health

DATE & TIME

April 30, 2020
12:00PM to 1:00PM ET



PRESENTER

Dr. Andy Kin On Wong, BSc, PhD
Assistant Scientist, Toronto General
Hospital Research Institute (TGHRI)

LEARN MORE & REGISTER

osteostategy.on.ca/btb-main

QUESTIONS?

beyondthebreak@osteoporosis.ca



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Now, more than ever, we need your help.



COVID-19 has made life challenging, but know that Osteoporosis Canada remains committed to supporting Canadians with osteoporosis.

Without you, we cannot do what we do.

Together, we will make Canadians unbreakable.

PLEASE DONATE